



**Adrienne  
& Naylin**

Lotus House Alumni

**Adrienne, what was your experience here at Lotus House like?**

"My experience here, from what I remember, was amazing. I loved it a lot...the art room, we would always have activities. We would always be drawing and playing. Or in the yoga room, we would always have Just Dance...And , it would always be fun because they would always have activities for kids"

**Why do you come back to volunteer?**

"Because I just like to see people smiling. And, it makes me happy that I get to help people...especially people that helped me."

**Naylin, what was your experience here at Lotus House like?**

"The experience was wonderful. It's a very beautiful place...A lot of peace, a lot of harmony. An experience that, the words are few, and I'm overwhelmed...the attention is wonderful. They dedicate time to each person. There's a lot of communication...The service is excellent."

**How long ago did you leave? And how was your transition?**

"Everything is good. I'm very happy. And [the staff] have always been worried about me after I left Lotus. They always worry about me, if I'm okay, if I need anything. They send me emails and tell me about events they're going to do here. And I come to attend the events, to receive the help that they give at the events, to the community."

**How do you feel now that you see Adrienne come here to volunteer?**

"I feel very happy, very proud that my daughter grew up here...Through her, she demonstrates to people that when you're on the ground, you have to get up and help others. And that, for me, is something that touched my heart."